Welcome Back!

Welcome Back! It’s certainly not like it was the last few years I welcomed every one back. But, school is scheduled to start on September 8 and regardless of how it will look, the 2020-2021 school year will begin.

As of this writing, we are planning on having all students return to school. Distance (or remote) learning is an option for all parents and will be an option probably for the entire school year. If you are choosing distance learning for your children, and you decide that you want them to return to in-person learning, you will need to give us two full days of notice, so we can prepare and be ready for your child’s return. Some districts are not allowing a return from distance learning until quarter or semester break. We will try to be more flexible, although we will not be able to allow changing from distance learning to in-person learning on a frequent basis.

By the time you read this, you should have noticed us of your preference for your children through our online survey. Will they be coming back to school or staying home for distance learning? If you are choosing to home school your children, you will need to notify our District Office. Homeschooling means removing your children from the district, just as if you were sending them to another public or private school. Returning to the district is a more timely process.

Regardless of whether you are sending your children back to school or keeping them home for distance learning, our educators want this school year to be fun, engaging, and challenging. Our teachers, paras, and administrators work in education because they enjoy working with children and helping them learn and grow. This year is no different!

Our Safe Learning Plan is on our websites, which should answer most questions about what school will look like under the three plans. The three plans are: Plan 1 – All Students Return, Plan 2 Hybrid, and Plan 3 Distance Learning Only. Depending on what the virus does in each of our school communities, we will have a plan in place for education. Again, regardless of the plan, distance learning is an option. Also, each school community will be looked at individually. This means that we could be under Plan 2 Hybrid at one school, but still under Plan 1 at other schools. You, as members of our school community, will help play a part in which plan we are under. If we don’t follow the recommendations from the Minnesota Department of Health (MDH), and we have more people testing positive for the virus, we will need to restrict our ability for children to be in school.

We know we are in a pandemic and everyone’s health and safety is our top priority. So is learning. Our children need to learn how to read, do math, express their thoughts, work with others, handle conflicts, wait their turn, learn new skills, organize themselves, and work towards being career and job ready at the end of their school journey. They can’t do this by themselves. They need all of us helping them. Just as we are in this pandemic together, we need to work together to get our children educated.

This coming school year is going to have many challenges. We need to communicate with each other and support each other. We need to be flexible, because change will happen. If you have questions, ask. If you need help, ask. If you have concerns, express them respectfully. This is a challenging time to work in education. It’s a challenging time to raise children. But, the bottom line is that we are in this together for our children. Our students. Our future.

St. Louis County Schools

2020-2021 Back-to-School Checklist

☐ Send an email to portal@isd2142.k12.mn.us with a request to set up a Parent Portal if you do not already have one or if you forgot your password.

☐ Go to your Parent Portal to complete the Online Student Registration (OLR).

☐ Complete the Application for Educational Benefits. ALL FAMILIES NEED TO DO THIS AS THIS PROVIDES BENEFITS TO ALL FAMILIES, whether directly or indirectly. You can access the application through your Parent Portal or the school’s website under Parent Resources. For this year, a paper version is included in your enrollment packet or may be picked up at the school office.

☐ Return your emergency card prior to the start of the school year. Contact the health staff regarding any special health-related arrangements.

☐ Return all other required forms prior to the start of school … for example, insurance form/waiver, dental form (if needed).

☐ If you want to register your child for preschool, contact DaNeil Sirjord at dsirjord@isd2142.k12.mn.us or call your school office at 749-8130 ext 1116, or call your school office for a preschool teacher. They will able to assist you with registering your preschooler.

☐ Purchase your child’s school supplies. Supply lists are available on your school website or at the school office.

☐ Set up optional on-line payments through your Parent Portal. Payment options are available for lunches, technology insurance, sports fees, etc. A recurring payment option is available. You may still pay in cash directly at the school office.

☐ If you have any questions concerning your Parent Portal throughout the year, please send an email to: portal@isd242.k12.mn.us.

IMPORTANT: Please inform your school office ASAP if you have any personal information changes throughout the year such as address, phone numbers, etc.

We are all in this together! Our goal as a community is to keep our children healthy and safe while making this a great school year for them!

Sports Will Look Different in 2020-2021

On August 4, the Minnesota State High School League (“MSHSL”) announced changes in high school sports due to the COVID-19 pandemic. Among those changes: some seasons will be split, some seasons will be shortened, and fewer games will be played. One of the biggest changes: football and volleyball teams may practice this Fall, but will not compete until Spring.

Cross Country and Swim teams will practice and participate in meets this Fall, with both seasons beginning on August 17. The cross country season will end on October 24 and the swim season will end on October 31. Basketball teams will practice and play games during the winter season. Football and volleyball teams will practice and play games in early spring, mid-March to mid-May. Baseball, softball, track, and golf teams will practice and play games/participate in meets in late spring/early summer, mid-May to July.

In addition, designated fall training periods have been established for football and volleyball to run from September 14 through October 3 with a maximum of 12 daily sessions per sport. Baseball and softball teams may train from October 5 through October 24 with a maximum of 12 daily sessions per sport. No captain’s practices or scrimmages are allowed.

Aside from changes in schedules, the MSHSL announced that activities will be subject to compliance with all laws, regulations, and guidelines. The Minnesota Department of Health (“MDH”), Minnesota Department of Education (“MDE”), and MSHSL have developed guidance and requirements related to youth sports, use of school facilities, and modifications of MSHSL activities designed to keep...
Cherry Campus caps major construction project
South Ridge, Cherry continue to show enrollment growth

By Lee Bloomquist


A major expansion of the Cherry Campus has created a healthier and safer learning environment for students, staff, and visitors.

Construction workers in August applied finishing touches on two new lower elementary classrooms, five new upper elementary classrooms, four new high school classrooms, and new spaces for a variety of other educational programs.

“Everything is on schedule,” said Michael Johnson, Cherry Campus principal. “Things are starting to look really good.”

The $13.4 million project began last summer. The project adds 21,057 square-feet of new construction to the school building, bringing the campus to 114,395 square-feet, according to Johnson.

Cherry Campus Principal Michael Johnson points out some of the features in the school’s new music room.

Improved air quality, pre-school learning space, upgraded kitchen space, a community room, and completely renovated baseball and football fields supplement the new classrooms. Parking lot drainage is also part of the project. As enrollment at the campus has grown, so has the need for space.

“It’s really exciting,” said Johnson. “When I arrived here in the fall of 2016, we had about 488 students,” said Johnson. “We were graduating classes of about 20, but now, five years later, we’ve grown by almost 200 students. We have an awesome pre-school program that brings in kids and we’re able to keep them here. Our kindergarten classes have been around 50 for the last few years.”

In addition to the new construction, two existing classrooms have been remodeled for a four-year-old program. New space for a three-year-old program is also part of the project. A new nurses’ office is located near the school’s front entrance.

In total, the project helps deliver education to students more effectively, said Johnson. “It will help staff be more efficient and be more appropriately located throughout the building,” said Johnson. “We have great staff who have been super supportive.”

Along with $3.6 million in projects at the South Ridge Campus and recent renovations at other district schools, ISD 2142 is within its budget keeping up with needed physical improvements, said Dan Manick, ISD 2142 school board chair.

“I really think we’ve done a good job making improvements where we need them,” said Manick. “We’re taking care of what needs to be taken care of.”

At South Ridge, new elementary classrooms went into use at the beginning of the 2019-2020 school year. New high school classrooms were completed after Christmas break.

“Our eight classrooms are complete and being used,” said Andrew Bernard, South Ridge principal. “Our enrollment has steadily increased each year for the last four years. We are pretty much a two-section K-12 school with an average of 40 to 45 students per grade. This year, we added a third section to our first grade and our fifth and sixth grades started to get close to 50 students per class.”

Cherry and South Ridge also both dedicated a classroom for tele-presence, allowing students and teachers to work interactively with other schools.

Manick said it’s good to see enrollment growth at South Ridge and Cherry.

“At Cherry, it’s great to be able to find a way to find an efficient way to add onto an older school,” said Manick. “We had to do something. It’s really exciting to see what’s happening at Cherry.”

Recurring Online Payments

An online payment feature is available which allows parents to set up recurring payments. With this feature, you can pay installments for a fee, pay for recurring services from the district, or automatically add money to a Food Service account when it reaches a low balance.

The Recurring Payments tool is part of “My Accounts.” “My Accounts” appears on the screen when you are looking at the Today, Food Service, or Fees tools.

To set up automatic recurring payments for Food Service:

1. Select Recurring Payments.
2. Select Food Service.
3. Select a Frequency Option: Monthly or Low Balance.
4. Select the Payment Method you want to use and the Email Address for Campus to send the receipt.
5. Select Save.

If you need assistance, please contact your school secretary or Lisa Callister at 749-8130, ext. 1111.

ANNUAL NOTIFICATIONS

Required annual notifications that were published in the fall edition of the district newsletter can now be found on the district website.

If you are looking for a specific notification and are unable to find it, please contact the District Office at 218-749-8130.

SCHOOL BOARD

<table>
<thead>
<tr>
<th>District/School</th>
<th>Phone</th>
<th>E-mail</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 / North Woods School</td>
<td>(218) 780-7832</td>
<td><a href="mailto:msjohnson@isd2142.k12.mn.us">msjohnson@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>Home</td>
<td>(218) 780-7350</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>Cell</td>
<td>(218) 780-7352</td>
<td><a href="mailto:kberlin@isd2142.k12.mn.us">kberlin@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>2 / North Woods School</td>
<td>(218) 410-9006</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>Cell</td>
<td>(218) 780-7352</td>
<td><a href="mailto:kberlin@isd2142.k12.mn.us">kberlin@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>3 / Tower-Soudan</td>
<td>(218) 780-7352</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>Home</td>
<td>(218) 735-8909</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>Cell</td>
<td>(218) 410-4500</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>4 / NE Range</td>
<td>(218) 235-7374</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
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<tr>
<td>Cell</td>
<td>(218) 235-7374</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>5 / Cherry</td>
<td>(218) 780-7352</td>
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<tr>
<td>Home</td>
<td>(218) 744-1784</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
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<tr>
<td>Cell</td>
<td>(218) 780-0553</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>6 / South Ridge</td>
<td>(218) 345-6662</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>Home</td>
<td>(218) 345-6662</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>Cell</td>
<td>(218) 349-1959</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>7 / South Ridge</td>
<td>(218) 202-607-5426</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>Cell</td>
<td>(218) 202-607-5426</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
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SCHOOL ADMINISTRATION

<table>
<thead>
<tr>
<th>District Office</th>
<th>749-8130</th>
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</thead>
<tbody>
<tr>
<td>Superintendent Reggie Egebretson, Ed.D.</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
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<td>Kristi Berlin, Director of Teaching &amp; Learning</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>DaNeil Sirjord, ECPE &amp; Preschool Director</td>
<td><a href="mailto:rengebru@isd2142.k12.mn.us">rengebru@isd2142.k12.mn.us</a></td>
</tr>
</tbody>
</table>

Cherry School 258-8991

| Michael Johnson, Principal | rengebru@isd2142.k12.mn.us |
| Zach Swart, Dean | rengebru@isd2142.k12.mn.us |
| John Zupezt, Counselor | rengebru@isd2142.k12.mn.us |

North Woods School 666-5221

| John Vukmanich, Principal | rengebru@isd2142.k12.mn.us |
| Gerald Oehler, Dean | rengebru@isd2142.k12.mn.us |
| Jill Stark, Counselor | rengebru@isd2142.k12.mn.us |

Northeast Range School 827-3101

| Kelly Engman, Principal | rengebru@isd2142.k12.mn.us |
| Joan Kjosvig, Counselor | rengebru@isd2142.k12.mn.us |

South Ridge School 345-6789

| Andrew Bernard, Principal | rengebru@isd2142.k12.mn.us |
| Jessica Bialke, Dean | rengebru@isd2142.k12.mn.us |
| Tricia Neubarth, Counselor | rengebru@isd2142.k12.mn.us |

Tower-Soudan School 753-4040

| John Jirik, Assistant Principal | rengebru@isd2142.k12.mn.us |
Distance Learning, Homeschool, Online School Comparison

Many parents are looking for the differences between the types of learning during these times of transition. It is important to understand your options and the support you will receive in each of these options. If you have questions, please contact your building administrator or Kristi Berlin kberlin@isd2142.k12.mn.us.

<table>
<thead>
<tr>
<th>Distance Learning</th>
<th>Homeschool</th>
<th>Online School</th>
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<tbody>
<tr>
<td>Within the District</td>
<td>Outside the District</td>
<td>Enrolled in Another District</td>
</tr>
<tr>
<td>The district provides:</td>
<td>Parents must:</td>
<td>Online school provides:</td>
</tr>
<tr>
<td>• Curriculum</td>
<td>• register their child(ren) with the district office</td>
<td>• Curriculum</td>
</tr>
<tr>
<td>• Daily interactions through instruction and activities</td>
<td>• maintain all records including class schedules, copies of curriculum used, descriptions of methods used to assess student achievement, and proof that required assessments have been administered, including scores</td>
<td>• Technology</td>
</tr>
<tr>
<td>• Technology</td>
<td></td>
<td>• Educational Software Access</td>
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<tr>
<td>• Educational Software Access (IXL, RazKids, AR, Google)</td>
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<tr>
<td>• Interventions</td>
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<td>• Mental Health Support</td>
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<tr>
<td>• Parent Resources</td>
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</table>

The district provides state assessment support.

Students are required to take an approved nationally-normed achievement test annually.

The online school provides state assessments.

The district provides support to families with Distance Learning Coordinators.

Families may request health services and guidance/counseling support.

The online school supports families.

Students continue with the district curriculum to better prepare them to come back to school.

Families may purchase a curriculum or subscribe to an online curriculum of their choice at their expense.

Students work on the online school curriculum.

Students would be able to transition back to the classroom when the family is ready. A full two-day notice is required to ensure that everyone is prepared for your child’s return.

If you want to enroll your child in public school for the 2021-2022 school year, you must notify your current district in writing by January 15, 2021 or submit an open enrollment application to another district by January 15, 2021. Different timelines may apply depending on the district.

If you want to enroll your child in an online program, you must register with that school and complete open enrollment forms which indicate you are leaving your current district. To return to your current district or another district, you must register and meet certain timelines.

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### Decision Tree for People with COVID-19 Symptoms in Youth, Student, and Child Care Programs

#### For people (e.g., children, care providers, or staff) who have symptoms consistent with COVID-19, send home or deny entry and reference the exclusion criteria in this document to determine when they may return.

**Symptoms of COVID-19 include:**
- New onset cough or shortness of breath by themselves OR at least 2 of the following: fever (100.4°F or higher), chills, muscle pain, sore throat, fatigue, congestion, loss of sense of smell or taste, or gastrointestinal symptoms of diarrhea, vomiting, or nausea.

If a person has a new symptom (for example, new loss of smell only) with no other diagnosis to explain it, they should stay home and talk to their health care provider about testing for COVID-19, even if it is the only symptom they are experiencing.

#### For people who received a laboratory test for COVID-19

- **What to do if you’re waiting for COVID-19 test results (PDF):** [www.health.state.mn.us/diseases/coronavirus/waiting.pdf](http://www.health.state.mn.us/diseases/coronavirus/waiting.pdf)
- **Positive test result:** Stay home at least 10 days since symptoms first appeared AND until no fever for at least 24 hours without medication AND improvement of other symptoms.
- **Siblings and household members also stay home for 14 days.**
- **Negative test result but symptoms with no other diagnosis:** Stay home at least 10 days since symptoms first appeared AND until no fever for at least 24 hours without medication AND improvement of other symptoms.
- **Siblings and household members also stay home for 14 days.**

#### For people with a COVID-19 diagnosis without a lab test OR people with symptoms consistent with COVID-19 without a medical evaluation (e.g., monitoring symptoms at home)

- **Stay home at least 10 days since symptoms first appeared AND until no fever for at least 24 hours without medication AND improvement of other symptoms.**
- **Siblings and household members also stay home for 14 days.**

#### For people with other diagnoses (e.g., norovirus, strep throat) that explain the symptoms, or when a health care provider says symptoms are connected to a pre-existing condition

- **Stay home until symptoms have improved.** Follow specific return guidance from the health care provider or follow the Infectious Diseases in Childcare Settings and Schools Manual ([www.hennepin.us/daycaremanual](http://www.hennepin.us/daycaremanual)).
- If symptoms related to a pre-existing condition change or worsen, talk to a health care provider to determine next steps.
- **Siblings and household members do not need to stay home.**
HEALTH PROCEDURES

Dear Parents/Guardians:

Welcome to another school year. This is to inform you of our state and district school health procedures.

Coronavirus Screening: At this time, the CDC does not recommend universal symptom screenings to be conducted by schools. We are asking that parents and guardians monitor their child(ren) for signs and symptoms of illness. Students who display any symptoms associated with COVID19 should not attend school. Please notify your child’s primary healthcare provider for further instruction.

School Attendance: Healthy students are better learners. Daily attendance is highly encouraged. If your child will be absent, please contact the school secretary in the morning and state why your child cannot attend. Please report any contagious diseases: Coronavirus, Strep Throat, Impetigo, Pink eye, Chicken Pox, etc.

Immunizations: Minnesota law requires all student immunizations to be complete, unless there is a medical exemption or conscientious objection on file in the health office. Students with incomplete immunizations will not be allowed to attend school until the immunizations are up to date and on file in the health office.

Student Health Conditions: Many of our students have health conditions, which may interfere with learning or result in safety concerns at school. Please carefully complete the Health Survey, which is included in the online registration, and fill out the emergency card included in your back-to-school mailing. If a health concern exists, the school nurse will contact you to discuss this.

Medications: All medication for students MUST be brought to the school by an adult. It MUST be in the original container or prescription bottle. A parent or guardian and physician MUST sign a medication consent form.

Thank you for your cooperation in these matters. Please feel free to contact the health office with any concerns.

PBIS in the St. Louis County Schools

What is this and what should I expect?

The Tiger ROAR
Panther Pride
Nighthawk Pride
Eagle Pride
North Woods Grizzlies GRRR!

Schools across the district are in their second year of implementing PBIS. PBIS is short for Positive Behavioral Intervention and Supports. The focus is on teaching, modeling, and encouraging positive behavior in all areas of the school environment.

School-wide implementation of PBIS requires continued training, coaching, and evaluation for school staff to consistently implement the key components that make PBIS effective for all students. These key components include:

1) establishing, defining, teaching, and practicing positively stated school-wide behavioral expectations;
2) developing and implementing a consistent system used by all staff to provide positive feedback and acknowledgement for students who display school-wide behavior expectations;
3) developing and implementing a consistent and specialized support system for students who do not display behaviors representative of school-wide positive expectations;
4) developing a system to support decisions based on data related to student progress, effective implementation of behavioral practices, and screening for students requiring additional behavior supports;
5) using a continuum of evidence-based interventions that is integrated and aligned to support academic and behavioral success for all students; and
6) using a team-based approach to support effective implementation, monitor progress, and evaluate outcomes.

The goal: All students develop and learn social, emotional, and behavior competence, supporting their academic engagement.

Check out your school website under PBIS — and your school motto for more information!

COVID-19 Screening for Parents

Every morning before you send your child to school please check the following:

1. Your student does NOT have a fever greater than 100.4 degrees OR lower if your child is not feeling well.

2. Have you recently experienced any new signs of illness such as:

   - Congestion or Runny Nose
   - FEVER 100.4*
   - Cough
   - Shortness of Breath or Difficulty Breathing
   - Diarrhea
   - Headache
   - Nausea or Vomiting
   - Sore Throat
   - Muscle Pain and Fatigue
   - Chills
   - New Loss of Taste or Smell

3. Were you in close contact (within 6 feet for more than 15 minutes) with anyone confirmed with COVID-19 within the last two weeks?

If the answer is YES to any of the questions, DO NOT send your student to school. Instead, begin quarantine of your child and contact your healthcare provider and Principal. Strongly consider COVID-19 testing.
Hello, ISD 2142 Families!

I would like to provide everyone with additional information regarding wearing masks at school. There are many different types of masks. The most common types we will see at school are disposable masks, cloth masks and face shields. Studies have shown that wearing a mask helps prevent the spread of COVID-19. Anyone over the age of 5 who enters the school must be wearing a mask. One of the biggest things we can do to help teachers is to have your child(ren) practice wearing their mask. Setting a timer and wearing it for periods of time at home every day will help them get used to this new requirement.

Here are some things to consider when wearing a mask during the school day:

1. A mask can be reusable or disposable. It must cover both your nose and your mouth completely. It can NOT have a filter valve.
2. Valve masks protect the wearer by filtering air when inhaling, however, the air that is exhaled is not filtered, and infected particles can be released through the valve mechanism.
3. Masks must be worn anytime you are in the presence of another person, or moving about the building.
4. Masks are not a substitution for social distancing. A distance of at least 6 feet should be kept between you and anyone who does not live in your immediate household.
5. Masks must fit well, No gap should be found on the top, bottom or sides of the mask.
6. Take extra care when applying and removing your mask to touch only the strings or straps. Wash your hands or use hand sanitizer before and after you touch your mask.
7. Face shields are intended to be used as an additional measure of protection while wearing a mask, not in replacement of a mask (except in special circumstances).
8. If you are working outside and cannot maintain social distancing between you and others, a mask should be worn.

How To Wear A Mask Without Fogging Your Glasses

1. Fit your mask to your face. If your mask does not fit properly, warm air will escape and fog up your glasses.
2. When putting on your mask, be sure to pinch the top of the mask so that it fits the shape of your nose.
3. Wipe your glasses with an anti-fogging solution or wash them with soap and water before wearing them.
4. Pushing your glasses forward on your nose will allow more air to circulate and keep your breath from fogging up your lenses.
5. Rest your glasses over your face mask. This will block the air from escaping and prevent fogging.

If you forget your mask, we will have extras available at school. Remember, we are all in this together. Let’s do what we need to do to protect each other and have a great school year!

Gabrielle Christianson
Director of Health Services

Preschool Programs 2020-2021

Limited spaces are available for preschool. If you are interested in information, please contact the Preschool Teacher at your local school or call or email DaNeil at 218-749-8130 ext. 1116 or daniord@isd2142.k12.mn.us. This program is for children the year before they go to kindergarten. Children must be 4 years of age on or before September 1, 2020. Current immunizations are required! Free options are available at all of our schools either through grant funding or scholarships! Choices are available for in person preschool and also through a distance learning model.

Preschool staff will be mailing information to families who are registered the first week of September. If you have not yet registered, please contact DaNeil or one of the preschool teachers below. In person classes are tentatively beginning the week of September 14. Preschool children will need to wear a mask while riding district transportation.

<table>
<thead>
<tr>
<th>School</th>
<th>Preschool Teachers</th>
<th>email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cherry</td>
<td>Deb Spencer, Jocelyn Jerkovich</td>
<td><a href="mailto:dprisco@isd2142.k12.mn.us">dprisco@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>North Woods</td>
<td>Becky Chopp, Ashlyn Thompson</td>
<td><a href="mailto:bekopp@isd2142.k12.mn.us">bekopp@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>Northeast Range</td>
<td>Danielle Chere-Wiener</td>
<td><a href="mailto:danielle.chere-wiener@aoa.org">danielle.chere-wiener@aoa.org</a></td>
</tr>
<tr>
<td>South Ridge</td>
<td>Christina Nelson, Edwina Scorton, Meghan Caine</td>
<td><a href="mailto:chnelson@isd2142.k12.mn.us">chnelson@isd2142.k12.mn.us</a>, <a href="mailto:escouton@isd2142.k12.mn.us">escouton@isd2142.k12.mn.us</a>, <a href="mailto:mcaine@isd2142.k12.mn.us">mcaine@isd2142.k12.mn.us</a></td>
</tr>
<tr>
<td>Tower-Soudan</td>
<td>Mary Larson</td>
<td><a href="mailto:mlarson@isd2142.k12.mn.us">mlarson@isd2142.k12.mn.us</a></td>
</tr>
</tbody>
</table>

Dear Parents and Guardians,

Students entering Kindergarten, 7th grade and 12th grade require updated immunizations before school begins on September 8th, 2020.

The CDC and American Academy of Pediatrics recommend students continue to receive routine immunizations during the COVID19 pandemic. Please know that medical providers in our area are committed to working with school-age students to ensure their immunizations are up to date prior to school starting.

The following clinics and healthcare systems are scheduling appointments in our area as of August 10, 2020.

**Essentia Health**
- Duluth Clinic (218) 786-8364
- Hermantown Clinic (218) 786-3540
- Lakeside Clinic (218) 786-3550
- Lakewalk Clinic (218) 576-0100
- Proctor Clinic (218) 624-4819
- West Duluth Clinic (218) 786-3500
- Virginia Clinic (218) 741-0150

**Fairview Mesaba**
- Hibbing Clinic (218) 262-3441
- Mt. Iron Clinic (218) 741-2250

**St. Luke’s**
- Denfeld Clinic (218) 249-6800
- Hibbing Family Medical Clinic (218) 362-7100
- Laurentian Medical Clinic (218) 748-7480
- Mount Royal Clinic (218) 249-8800
- Pediatric Associates (218) 249-7870
- PS Rudie (218) 249-4300

**Min-No-Aya Win**
(218) 879-1227

**CfMH Raiter Clinic**
(218) 879-1271

St. Louis County Public Health is not holding their immunization clinics at this time.

If you are unable to make an appointment with your medical provider, please contact your school’s health office.

**BACK TO SCHOOL**

**PHYSICALS AND IMMUNIZATIONS**

As you help your child(ren) get ready for the upcoming school year, make sure to schedule immunization updates and sports physicals with their medical provider.

All students participating in junior high or high school sports are required to have a MSHSL sports physical on file. Physicals are good for 2-3 years.

Students entering Kindergarten, 7th grade and 12th grade require updated immunizations.

Please contact Gabrielle Christianson in the school nurse office with any questions (218-749-8130 x1122).
Online Registration for St. Louis County Schools

Our online registration system decreases the amount of paperwork you need to complete annually and also provides an efficient way for you to ensure that we have the most current information on file for your child(ren).

Please follow the instructions below. If you have any questions, call your school office. Online registration questions can also be emailed to portal@isd2142.k12.mn.us.

You can complete these steps on a computer or on your mobile phone App. You can download the “Campus Parent” App from your Parent Portal or the App Store.

START HERE IF YOUR FAMILY IS NOT NEW to our district [you have a child or children who attended one of our schools any time in the past]. This link will allow you to add a new child to your family.

☐ Step 1.) Do you have a parent portal login? If yes, proceed to step 2. If no, email portal@isd2142.k12.mn.us to obtain a parent portal login.

☐ Step 2.) Log into your Parent Portal. There you can access the ONLINE STUDENT REGISTRATION. Complete your registration following the instructions provided, which are:

1. Choose the option below that best describes your situation.
2. Complete the steps in the registration process and submit.
3. Look for an email when your registration is approved.

☐ Step 3.) Complete the Application for Educational Benefits. All families need to do this as this form provides benefits to all families, whether directly or indirectly. Access the form online through your Parent Portal or your school’s website under “Parent Resources.” Click “More” and choose “Meal Benefits.” For this year, a paper version is included in your enrollment packet or may be picked up at the school office.

START HERE IF YOUR FAMILY IS NEW to our district and you want to enroll your child(ren).

Email link: https://arcc.infinitecampus.org/campus/OLRLogin/stlouisco

Use this link only if your family is new to St. Louis County Schools. DO NOT use this link if you already have students enrolled in the district. The instructions in this link will generate an email with a link to begin registration.

Once you receive notice that your application was accepted, continue with Step 3 above.

Want to learn more? Copy and Paste this link into a browser for a short video of the online process: https://www.infinitecampus.com/sis/Campus_1709/video/learn/online-registration-for-parents/

If you have any questions, please contact your school office or email portal@isd2142.k12.mn.us. Thank you!

2020-21 SCHOOL BREAKFAST/LUNCH PROGRAM

APPLICATION

The “Application for Educational Benefits” is used to determine family eligibility for free school meals. The application materials are mailed out in August to all known households or available online through your parent portal or school website. If your family is new to the area, enrolling a student for the first time, or did not receive the application materials, a copy can be obtained from your local school or from the district office.

All applications need to be mailed directly to the district office for processing. Your children may qualify for free meals. Students who qualify for reduced-price school meals will receive FREE lunches and breakfasts. ALL Kindergarten students qualify for FREE breakfasts.

For the 2020-2021 school year, breakfast will cost $1.75 for elementary and high school students; lunch will cost $2.35 for elementary students and $2.70 for high school students. Students qualifying for reduced meals will be free for lunch and breakfast. ALL Kindergarten students qualify for FREE breakfasts.

In addition to the regular food line, students may purchase additional a la carte items that are available. Even if your children receive free or reduced-price meals, they will be charged for these items and, therefore, need to have money in their accounts. The district highly recommends that households mail or make online food service deposits prior to the start of school or send them with their children on the first day of school. The food service program can only accept checks or cash specific to school meals, and no change can be given. Please send checks and cash for school meals separately from other school fees/purchases.

Charging

Parents/guardians should make sufficient deposits to assure that students have enough money in their food service accounts to cover the cost of their meals. However, when it is necessary, students will be allowed to “charge” one meal. This is a privilege that should not be abused. Account reconciliation will begin approximately one month before the end of the school year to reduce the likelihood that a negative balance is left in an account at the end of the year.

ALTERNATIVE MEALS

Alternative meals will be provided on a case-by-case basis. When the balance is negative, a milk, and grain component will be offered at breakfast and a sandwich, fruit and milk will be offered at lunch. A student’s account will be reviewed by School Administration if a negative balance exists beyond the offering of an alternative meal. An alternative breakfast meal consists of toast and milk; an alternative lunch meal consists of a PBJ or cheese sandwich, fruit and milk. It is highly recommended that parents/guardians respond quickly to the low balance statements that are sent home on a regular basis.

PROCEDURES FOR NOTIFYING FAMILY OF ACCOUNTS STATUS

A. The parent/guardian will be notified when the household account is $5.00 or less. (Continued on Page 8)
ECFE – Early Childhood Family Education

Classes are offered at all of our schools for children and their parents before the child goes to kindergarten. Some classes will be in person and others will be held virtually. ECFE staff will be mailing information to all households on our Early Childhood census in early September. If you have questions about ECFE, please contact the ECFE staff at your school!

In person classes include a time for parents and children to do activities together and a time apart when parents meet with other parents and children remain with the teacher and play together. This program builds independence, language skills, and group interaction skills. It is a great way to meet families with young children in your community! Immunizations must be current to attend classes in person!

Special events are provided for families in their local school communities for parents with young children. We would love to see you there! Information will be mailed out to all families on our Early Childhood mailing list. We will post information on-line also!

Do you have a child under the age of 5? If so, we would like to add you to our Early Childhood mailing list. We need: Parent and child’s name, child’s birthday, address, phone number and if you have an email we would like that too!

In order to be added, please contact DaNeil at dsirjord@isd2142.k12.mn.us or your local ECFE teacher aide.

Contact the ECFE staff at your school to add you to the Early Childhood mailing list. We need: Parent and child’s name, child’s birthday, address, phone number and if you have an email we would like that too!

2020 Regular School Board Meetings

Meetings will begin at 5:00 pm unless otherwise noted.

Day Date Type Location
Tue Sep 8 Working Session DO
Tue Sep 22 Business Meeting Cherry
Tue Oct 13 Working Session DO
Tue Oct 27 Business Meeting South Ridge
Tue Nov 10 Working Session DO
Tue Nov 24 Business Meeting DO
Tue Dec 8 Business Meeting DO
Tue Dec 8 Truth-in-Taxation 6:00 pm DO

Due to the COVID-19 pandemic, School Board Meetings are presently being held virtually. The public is invited to attend via Zoom. A link to each meeting can be found on the agenda (which is posted on the district website the day before or the morning of the meeting) or may be obtained by sending an email request to jsopp@isd2142.k12.mn.us.

The school websites offer information such as daily announcements, Zoom links to each meeting, and it is recommended that children be screened around age 3-1/2.

If you are not on our early childhood mailing list, please contact us so we can add you and your child to the list so that you receive all information related to screening. We will need the child’s name and birthday, parent name, address, phone number and an email. You can call 1-218-749-8130 ex. 1116 to leave your information on the voice mail for DaNeil or you can email the information to dsirjord@isd2142.k12.mn.us. Our first screening dates will be scheduled for October and November in the district.

As always, if you have concerns about your child’s behavior or development, please contact DaNeil or any of the Early Childhood teachers at your local school. We are here to help!

Help us build our Early Childhood Mailing List!

Do you have a child under the age of 5? If so, we would like to add you to our Early Childhood mailing list. Please call or email DaNeil at 218-749-8130 or dsirjord@isd2142.k12.mn.us.

Or you can contact your school Early Childhood team and ask them to add you to the Early Childhood mailing list. We need: Parent and child’s name, child’s birthday, address, phone number and if you have an email we would like that too!

ATTENTION PARENTS/GUARDIANS, STUDENTS, STAFF, AND COMMUNITY MEMBERS

A Wealth of Information is at Your Fingertips

Please Check it Out!

With a few clicks of the mouse or a few touches of your fingertip, a wealth of information awaits you on the district and school websites. The district website is home to information such as policies, registration and open enrollment forms, school year calendar, school board agendas and minutes, handbooks (students, employees, coaches), job openings, union contracts, job descriptions, and much more.

The school websites offer information such as daily announcements, school calendar of activities and events, lunch menus, staff contact information, athletic schedules, and again, much more.

Please feel welcome to browse the websites when so you need something you’ll know right where to find it! If you have questions about where to find something on one of our websites, feel welcome to contact your school office or the district office. Our goal is to make as much information as possible available to you 24/7.
participants reduce the spread of COVID-19. Even with these measures in place, the MSHSL warned there can be no guarantee that students participating in organized athletic activities will not be exposed to COVID-19. While the serious nature of the pandemic is recognized, so is the positive impact that participation in MSHSL athletics and fine arts activities has on student participants.

Breakfast/Lunch Program... Continued from page 6

B. The method of notifying the parent/guardian of all children will be the instant messaging system from the school office.

C. If the student account is less than adequate to pay for breakfast and lunch, a student will be allowed to charge one meal. When the account is negative, the instant messaging system will be used to notify the household.

MILK
To reduce the fat content in the school lunch program, the district will be serving only 1% and skim milk. Skim milk will be available in both white and chocolate.

Upon written request from the parent/guardian, students will be provided with lactose-reduced milk. If your child is lactose intolerant, please submit your written request to your local school’s food service department. This request must be made annually.

OFFER vs SERVE
As directed by National Food and Nutrition Services, our schools operate an “offer vs serve” meal program. For breakfast each day, students are offered 4 components (milk, bread, protein, and fruit); for lunch each day, students are offered 5 components (milk, bread, protein, fruit, and vegetable). Students are required to take a minimum of 3 components (one of which is a fruit or vegetable and not just three items) at each meal. It is up to the students to choose the components they want.

CAMPUS FOOD SERVICE/PARENT PORTAL
Through Parent Portal, parents/guardians can monitor their students’ account balances and purchases on a daily basis. Parents/guardians who do not have access to the Internet may request a copy of the account statement at any time.

New students will be given a four-digit account number. This student enters this number on a 10-key pad at the end of the serving line. Returning students will use the same number as the previous year.

The Campus program has many settings to individualize each student’s account. Parents/guardians can request daily limits, block ala carte purchases, and block snack purchases. In coordination with health services, allergy alerts can be set up as well. Please discuss any restrictions with your child.

END-OF-YEAR BALANCES
All end-of-year balances carry forward to the following school year. It is highly recommended that students end the year with a small balance to assure that they have money in their accounts for the first day of school in the fall. Graduating seniors will be given the option of spending down their balance, transferring any remaining balance to other members of their household, or receiving a refund if the amount is greater than $10.00. Also, students who withdraw during the school year or who are leaving at the end of the school year will be issued a refund if the amount remaining in the lunch account is greater than $10.00.

CIVIL RIGHTS
The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual’s income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or mail at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

2020-2021 EXTRA-CURRICULAR FEES

<table>
<thead>
<tr>
<th>Participation Fees</th>
<th>Varsity and JV Athletes*</th>
<th>Jr High (Grades 7-8) Athletes*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$120.00</td>
<td>$60.00</td>
</tr>
</tbody>
</table>

Students qualifying for reduced lunch will pay 50% of the participation fee:

<table>
<thead>
<tr>
<th>Varsity and JV Athletes*</th>
<th>Jr High (Grades 7-8) Athletes*</th>
</tr>
</thead>
<tbody>
<tr>
<td>$60.00</td>
<td>$30.00</td>
</tr>
</tbody>
</table>

Students qualifying for free lunch will pay 25% of the participation fee:

<table>
<thead>
<tr>
<th>Varsity and JV Athletes*</th>
<th>Jr High (Grades 7-8) Athletes*</th>
</tr>
</thead>
<tbody>
<tr>
<td>$30.00</td>
<td>$15.00</td>
</tr>
</tbody>
</table>

Maximum Family Participation Fee $500.00

*Jr High Fees apply to athletes who participate only on 7th & 8th grade teams. If an athlete participates at the Jr High level and also participates at the JV or Varsity level, he/she will pay the Varsity/JV Athlete fee.

Additional Information Regarding Participation Fees

1. Participation fees must be paid prior to the first game/contest. Fees must be paid in the school office with a sticky. A receipt will be provided.

2. Refunds will be provided only if a student is unable to participate due to injury or due to circumstances beyond the student’s control. If a student participates for half the season and becomes injured, one-half of the fee will be refunded. No refunds will be granted to any student who becomes ineligible to participate due to violations of the MSHSL or school rules.

3. Junior High (7th and 8th grade) students who are moved up to play at the JV or Varsity level will be required to pay the Varsity/JV participation fee. Money already paid at the Jr High level will be applied to the higher fee.

4. A student who is unable to pay the participation fee due to personal or family finances shall meet with the School Principal. The Principal will determine, based upon individual circumstances, how the fee will be paid.

Spectator Fees

<table>
<thead>
<tr>
<th>Age</th>
<th>Fee</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-5th</td>
<td>Free</td>
<td>with current Student ID</td>
</tr>
<tr>
<td>6th-12th</td>
<td>$3.00 per game (includes college students)</td>
<td>with current year college ID</td>
</tr>
<tr>
<td>13+</td>
<td>$5.00 per game</td>
<td></td>
</tr>
</tbody>
</table>

Seniors (Age 65+) Free w/ Lifetime Sports Pass (available in School Offices or the District Office) or by showing ID (w/ DOB)

ISD 2142 Staff Free with current Staff ID or current year sports pass

ISD 2142 School Board Free with current School Board Member ID

*All ISD 2142 students (elementary and high school) are issued a Student ID. Students in Grades K-6 must be accompanied by an adult.

Fall 2020 Athletic Schedules

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Location</th>
<th>Time</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug. 28</td>
<td>GNK, location TBD, 9:30 a.m.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(Panthers vs Greenway/N-K &amp; Cromwell)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sept. 3</td>
<td>Grand Marais, 2 p.m.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(Panthers vs N.Shore &amp; Moose Lake)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sept. 10</td>
<td>Chub Lake Carlton, 1 p.m.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(Panthers vs Moose Lake &amp; McGregor)</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Sept. 17</td>
<td>Chub Lake Carlton, 1 p.m.</td>
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<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(Panthers vs Moose Lake &amp; Wren/Cromwell)</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Sept. 24</td>
<td>Two Harbors, 4 p.m.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(Panthers vs Wrenshall/Cromwell &amp; N.Shore)</td>
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<td></td>
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</tr>
<tr>
<td>Oct. 1</td>
<td>Two Harbors, 11 a.m.</td>
<td></td>
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<td></td>
</tr>
<tr>
<td></td>
<td>(Panthers vs McGregor &amp; Cromwell)</td>
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<tr>
<td>Oct. 8</td>
<td>Grand Marais, 2 p.m.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(Panthers vs North Shore &amp; Cromwell)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

"Small Schools With Big Opportunities - Where Everybody is Somebody!"